

BRIDGEND COUNTY BOROUGH COUNCIL

REPORT TO OVERVIEW AND SCRUTINY COMMITTEE 2

27 MARCH 2019

JOINT REPORT OF THE CORPORATE DIRECTOR EDUCATION AND FAMILY SUPPORT AND CORPORATE DIRECTOR SOCIAL SERVICES AND WELLBEING

CHILD AND ADOLESCENT MENTAL HEALTH SERVICES (CAMHS)

1. Purpose of report

- 1.1 The purpose of the report is to provide an update on the performance and strategic direction of child and adolescent mental health services (CAMHS) across the Abertawe Bro Morgannwg University Health Board (AMBU) area, the funding for which goes directly to the ABMU.
- 1.2 The report will be supplemented by a presentation from the Director of Primary Community and Mental Health Services in Cwm Taf at the Committee meeting. (Cwm Taf are currently commissioned by AMBU to deliver CAMHS).

2. Connection to corporate improvement objectives/other corporate priorities

- 2.1 This report assists in the achievement of the following corporate priorities:
 - Supporting a successful economy – taking steps to make the county a good place to do business, for people to live, work, study and visit, and to ensure that our schools are focused on raising the skills, qualifications and ambitions of all people in the county.
 - Helping people to be more self-reliant – taking early steps to reduce or prevent people from becoming vulnerable or dependent on the Council and its services.
 - Smarter use of resources – ensuring that all its resources (financial, physical, human and technological) are used as effectively and efficiently as possible and support the development of resources throughout the community that can help deliver the Council's priorities.

3. Background

- 3.1 The performance of CAMHS has been a long-standing area of concern across Wales.
- 3.2 Two reports were presented to Scrutiny members in April and December 2017 outlining progress on CAMHS across the county borough.

4. Current situation/proposal

- 4.1 Access to CAMHS for the ABMU population (and most other areas in Wales and across England) has historically been poor with long waiting times for children and

young people. Performance has improved over the last 18 months, and as commissioners, ABMU now has a much improved understanding of the challenges and barriers for the service when implementing improvements.

- 4.2 In January 2018, performance of CAMHS improved with significant reductions in waiting times, and this upward trend continued for five months. However, in May 2018 performance started to deteriorate and compliance against the Welsh Government targets became less consistent. This correlated with staff leaving and delays in advertising and filling these posts. Action has been taken to stabilise the service to maintain the improved position including additional waiting list clinics. However, it has become clear that more radical changes are required to transform the service model to provide a sustainable service in the medium to long term.
- 4.3 ABMU is working with Cwm Taf to develop a new integrated model. The proposed integrated model will include a single point of referral/entry to the service via a telephone triage system, which will allow all professionals working with children and young people to access advice and consultation from CAMHS, and onward referral into CAMHS (primary or secondary) where appropriate. The service will extend the use of the Choice and Partnership Approach (currently embedded within Secondary CAMHS) to facilitate provision of the right support, at the right time, to the right children, young people and families, by the right clinician from across the service. This will therefore provide a single point of access to all primary and secondary CAMHS.
- 4.4 Discussions have been held through the Western Bay partnership about the importance of CAMHS to be seen as a multi-agency problem that can only be resolved with a multi-agency response, and this is a joint priority for the Regional Partnership Board.
- 4.5 A Western Bay Delivery Plan for Emotional Health and Wellbeing was developed and agreed for 2017-2019 with all partners. The top three priorities are to:
- facilitate the delivery of the Welsh Government performance indicators;
 - improve multi-agency working, and support the delivery of the single point of access; and to
 - develop the neurological development disorder (NDD) service to meet the needs of the ABMU population and the All-Wales Pathway
- 4.6 Some key areas of progress to note are:
- The Western Bay Emotional Health and Wellbeing Planning Group is currently considering plans to develop universal services to support tier one and two services. In 2017, ABMU were successful in securing Integrated Care Funding for three liaison posts. These posts facilitate joint working and support early intervention and prevention for children, young people and adolescents.
 - The Neurodevelopmental Service transferred to ABMU Health Board from Cwm Taf in 2017. During the first 18 months, the NDD team have worked with stakeholders to develop evidence-based pathways, assessment frameworks and ongoing professional development tools to ensure that all children and young people within the ABMU footprint are able to access appropriate, robust and timely assessments with specialist clinical staff. Compliance against the Welsh

Government target had been excellent, however activity and demand on the service is increasing and compliance has deteriorated since September 2018 and is now below the 80% target. Additional waiting list initiative (WLI) funding has been identified and agreed through the Integrated Autism Service slippage monies (AMBU Health Board) for the 2018-2019 financial year. The increase in referrals to the NDD service has been seen across Wales.

- Performance and access to specialist and primary CAMHS has improved over the last 18 months; however, a deterioration in performance was seen in quarter 2 of 2018. Performance improved in quarter 3, and this has been achieved through waiting list initiatives and Welsh Government have provided funding for the remainder of 2018-2019 for this to continue. Waiting lists are beginning to equalise across the three areas (Bridgend, Neath Port Talbot and Swansea) and agency staff are being brought in to support the services in Neath Port Talbot and Swansea to accelerate this. As at 8 February 2019, the Welsh Government target for 80% of non-urgent patients being seen within 4 weeks had been achieved in Bridgend for the first time (reported at 81.3%). ABMU and Cwm Taf Health Boards are aiming for this target to be achieved across all areas within ABMU by 31 March 2019.

5. Effect upon policy framework and procedure rules

5.1 There is no effect on the policy framework and procedure rules.

6. Equality Impact Assessment (EIA)

6.1 As the main area of responsibility for this work is led by ABMU, any EIA will be undertaken as per their protocols.

7.0 Well-being of Future Generations (Wales) Act 2015 Implications

7.1 The implementation of the duties and responsibilities under the Social Services and Wellbeing Act (Wales) (SSWBA) 2014, in turn, supports the promotion of two of the seven goals of the Well-Being of Future Generations (Wales) Act 2015 within the County Borough of Bridgend. By promoting an environment that maximises people's physical and mental well-being and by supporting children, young people, adults and their carers and families to fulfil their potential no matter what their circumstances, the wellbeing goals of a Healthier and more equal Bridgend and Wales are supported.

7.2 The Well-being of Future Generations (Wales) Act 2015 provides the basis for driving a different kind of public service in Wales, with five ways of working to guide how the local authority should work to deliver wellbeing outcomes for people. The following is a summary to show how the five ways of working to achieve the well-being goals have been considered in this report:

- Long Term – CAMHS is demand led and the SSWBA focusses on sustainable prevention and wellbeing outcomes for the future. In terms of mental health, there is a requirement to meet the needs of people in the longer term and, because of rising demographics and increasing complexity, the remodeling and transformation of services continues to be a priority.

- Prevention – prevention and early intervention services are key to this area of work.
- Integration – the implementation of the SSWBA requires local authorities to work with partners, particularly the NHS and the Police, to ensure care and support for people and support for carers is provided.
- Collaboration – the strategic planning and local delivery of integrated support and services are developed with current and new partners in the ABMU and Cwm Taf Health Boards.
- Involvement – the key stakeholders are the children and young people who use the service. There is engagement with them (and their families) as part of the service delivery arrangements.

8. Financial implications

8.1 The funding for CAMHS activity goes directly to ABMU, so there are no financial implications for the local authority.

9. Recommendation

9.1 It is recommended that the Committee notes the contents of the report and supplementary presentation from the Director of Primary Community and Mental Health Services in Cwm Taf.

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1 March 2019

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Background documents

Report to the Children and Young People Overview and Scrutiny Committee on the 20 April 2017

Report to the Children and Young People Overview and Scrutiny Committee on the 12 December 2017

Appendix A

WELL-BEING OF FUTURE GENERATIONS (WALES) ACT 2015 ASSESSMENT

Project Description (key aims):	
Section 1	Complete the table below to assess how well you have applied the 5 ways of working.
Long-term (The importance of balancing short term needs with the need to safeguard the ability to also meet long term needs)	1. How does your project / activity balance short-term need with the long-term and planning for the future? <ul style="list-style-type: none"> Long Term – Social Services is demand led and the SSWBA focusses on sustainable prevention and wellbeing outcomes for the future. In terms of Mental Health, there is a requirement to meet the needs of people in the longer term and, because of rising demographics and increasing complexity, the remodelling and transformation of services continues to be a priority.
Prevention (How acting to prevent problems occurring or getting worse may help public bodies meet their objectives)	2. How does your project / activity put resources into preventing problems occurring or getting worse? <ul style="list-style-type: none"> Prevention – the report highlights the work to date to address the needs of those people with mental health concerns and the need to develop more prevention and early intervention services.
Integration (Considering how the public body's well-being objectives may	3. How does your project / activity deliver economic, social, environmental & cultural outcomes together? <ul style="list-style-type: none"> Integration – the implementation of the SSWBA requires local authorities to work with partners, particularly the NHS and the Police, to ensure care and support for people and support for carers

<p>impact upon each of the wellbeing goals, on their objectives, or on the objectives of other public bodies)</p>	<p>is provided. The report evidences the work to date and the future plans to developing mental health services.</p>
<p>Collaboration (Acting in collaboration with any other person (or different parts of the body itself) that could help the body meet its well-being objectives)</p>	<p>4. How does your project / activity involve working together with partners (internal and external) to deliver well-being objectives?</p> <ul style="list-style-type: none"> • Collaboration –The strategic planning and local delivery of integrated support and services are developed with current and new partners in the ABMU and Cwm Taf Health Boards.
<p>Involvement (The importance of involving people with an interest in achieving the well-being goals, and ensuring that those people reflect the diversity of the area which the body serves)</p>	<p>5. How does your project / activity involve stakeholders with an interest in achieving the well-being goals? How do those stakeholders reflect the diversity of the area?</p> <ul style="list-style-type: none"> • Involvement – the key stakeholders are the people who use social care. There is considerable engagement including surveys, stakeholder meetings, feedback forms and the complaints process. The provision of accessible information and advice helps to ensure that the voice of adults, children and young people is heard.

Section 2 Assess how well your project / activity will result in multiple benefits for our communities and contribute to the national well-being goals (use Appendix 1 to help you).

Description of the Well-being goals	How will your project / activity deliver benefits to our communities under the national well-being goals?	Is there any way to maximise the benefits or minimise any negative impacts to our communities (and the contribution to the national well-being goals)?
<p>A prosperous Wales An innovative, productive and low carbon society which recognises the limits of the global environment and therefore uses resources efficiently and proportionately (including acting on climate change); and which develops a skilled and well-educated population in an economy which generates wealth and provides employment opportunities, allowing people to take advantage of the wealth generated through securing decent work.</p>		
<p>A resilient Wales A nation which maintains and enhances a biodiverse natural environment with healthy functioning ecosystems that support social, economic and ecological resilience and the capacity to adapt to change (for example climate change).</p>		
<p>A healthier Wales A society in which people's physical and mental well-being is maximised and in which choices and behaviours that benefit future health are understood.</p>		
<p>A more equal Wales</p>		

<p>A society that enables people to fulfil their potential no matter what their background or circumstances (including their socio economic background and circumstances).</p>		
<p>A Wales of cohesive communities Attractive, viable, safe and well-connected communities.</p>		
<p>A Wales of vibrant culture and thriving Welsh language A society that promotes and protects culture, heritage and the Welsh language, and which encourages people to participate in the arts, and sports and recreation.</p>		
<p>A globally responsible Wales A nation which, when doing anything to improve the economic, social, environmental and cultural well-being of Wales, takes account of whether doing such a thing may make a positive contribution to global well-being.</p>		

Section 3

Will your project / activity affect people or groups of people with protected characteristics? Explain what will be done to maximise any positive impacts or minimise any negative impacts

Protected characteristics	Will your project / activity have any positive impacts on those with a protected characteristic?	Will your project / activity have any negative impacts on those with a protected characteristic?	Is there any way to maximise any positive impacts or minimise any negative impacts?
Age:	Yes	No	
Gender reassignment:	Yes	No	
Marriage or civil partnership:	Yes	No	
Pregnancy or maternity:	Yes	No	
Race:	Yes	No	
Religion or Belief:	Yes	No	
Race:	Yes	No	
Sex:	Yes	No	
Welsh Language:	Yes	No	

Section 4 Identify decision meeting for Project/activity e.g. Cabinet, Council or delegated decision taken by Executive Members and/or Chief Officers

Cabinet

Compiling Officers Name:

Mark Lewis

Compiling Officers Job Title:

Group Manager for Integrated Working and Family Support

Date completed:

11.03.2019